



Lifestyle Screening

Name: _____

Date of Birth: _____

Waiver: I, _____, on this _____ day of _____, 20____, request my data interpretation from the IDMG software. I understand that the IDMG software is used for quick interpretation by my practitioner. The results cannot be printed in a status report unless compiled for informational and educational purposes only. Further, I understand the following:

My Cardiovascular Score:

- Predicts my heart status. It is an equivalent to the Framingham Score.
- Evaluates cardiovascular treatment or lifestyle changes currently prescribed by the practitioners. It is used as a monitoring device for follow up appointments to further assess therapeutic plans.

My Screen Scores:

- Identify the possibility of disease or imbalance.
- Lead the practitioner to more specific and sensitive diagnostic tools (ie, physical examinations, laboratory tests, diagnostic imaging, etc.)

Contraindications for ES Teck:

The following are contraindications for the ES Teck. Please mark all that apply and notify technician.

- _____ Dermatological lesions in contact with the electrodes
- _____ Excessive perspiration (hyperhidrosis)
- _____ Cardiac pacemaker, defibrillators, any electrical implanted devices or connections to life support
- _____ Patients who are unable to sit or sit still for 3 minutes
- _____ Metal pins or prostheses on the extremities or joints (Notify technician of any joint surgeries or replacements.)
- _____ Persons under the age of 8 years old
- _____ Pregnancy
- _____ The absence of one or more limbs
- _____ Intra-Uterine Device (IUD) Name of IUD _____

Preparation for ES Teck Lifestyle Screening:

- No intense physical activity before examination
- No sauna, hot tub, spa or massage treatments the day of the scan
- No nail polish on one index finger (we do provide polish remover)
- No current sinusitis, especially frontal sinusitis
- No alcohol or stimulants (amphetamines, excessive caffeine, etc.) 12 hours prior to examination
- Notify technician if taking any vasodilators, heart or blood pressure medication

The ES Teck system does not replace any medical examinations. The ES Teck system should be used as an adjunct device in screening. All results should be considered in the clinical context of the patient's case history, symptoms, known diagnosis, current medications, treatment plan and therapies. Final status report is the sole responsibility of the practitioner.

Note: The scoring system (cardiovascular and screening score) will not allow any therapeutic plan. It is not a diagnosis, rather an adjunct to follow up the therapeutic plan from my practitioner. By signing this document, I agree that I understand the goal of the IDMG software. I have read and accept all the above statements, and that any and all of the information that I provide on this form is true.

The cost for the Lifestyle scan is listed below and must be paid in full at the time of service. Flex spending or health savings accounts may be used to pay for this service. Interpretation by the doctor, treatments or supplements is an additional charge.

For office use only:

- Nutritional Screening \$40
- Spine Assessment \$40
- Disease Risk Assessment \$40
- Autonomic Nervous System Assessment \$40
- Chinese Meridian Assessment \$40
- Full ES Teck Lifestyle Screening \$150

Patient Signature

Date