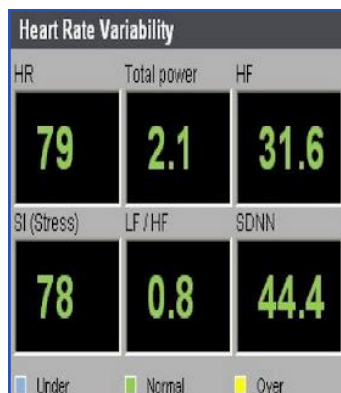
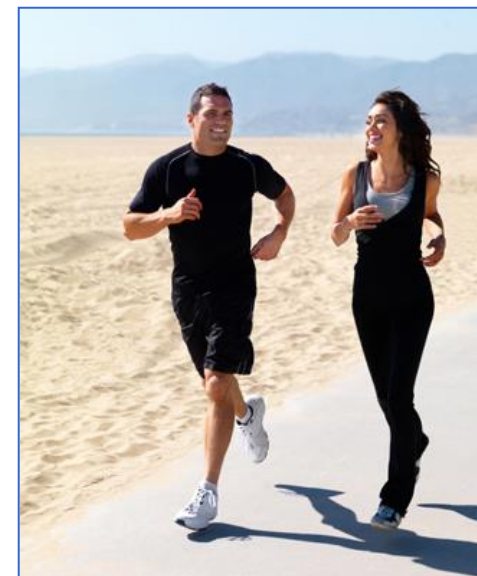


ES TECK Lifestyle Screening

For more information on the ES Teck System visit our website at www.integrativespecialists.com. We have provided a link to detailed articles and clinical studies on the ES Teck.



| Indicators | Under | Normal | Over |
|---------------------------------------|-------|--------|------|
| SpO2 Measurement | | | |
| SpO2% | | | |
| Algorithm results PTG / SDPTG | | | |
| EEL (Ejection Elastic Index) | | | |
| DDL (Dicrotic Dilation Index) | | | |
| DEL (Dicrotic Elastic Index) | | | |
| PTG Analysis | | | |
| AI (Augmentation Index) | | | |
| PH (Pulse Height) | | | |
| Etc (Estimated Cardiac Ejection time) | | | |
| SDPTG Analysis | | | |
| SDPTG Aging Index | | | |
| b/a | | | |
| c/a | | | |
| -d/a | | | |
| e/a | | | |
| SVR (Systemic Vascular Resistance) | | | |
| SV (Stroke Volume) | | | |
| Q (Cardiac Output) | | | |
| BV (Blood Volume) | | | |
| CI (Cardiac Index) | | | |
| EF (Ejection Fraction) | | | |
| MAP (Means Arterial Pressure) | | | |



Lifestyle & Nutritional Screening



25055 W. Valley Parkway, Suite 204
 Olathe, KS 66061
 Phone (913) 825-6111 Fax (913) 825-6115
www.integrativespecialists.com



Lifestyle Screening

Our Lifestyle and Nutrient Screening is done by a FDA approved medical device. Licensed Naturopathic Doctors trained in lifestyle medicine are on staff to oversee the testing and to interpret the results as needed. Testing is safe, non-invasive and results are instant.

Our comprehensive Lifestyle Screening provides cardiovascular, diabetic and metabolic risk assessments. It also detects neurotransmitter response, thyroid activity, spinal misalignment, areas of inflammation, organ dysfunction, stress and lifestyle effects on the body and much more.

Our state of the art cardiovascular process provides doctors with unique information and correlates with the medical standard Framingham Score. The Framingham Score estimates the 10 year cardiovascular risk of the patient and their chance of developing cardiovascular disease.

The Lifestyle Screening assists doctors and patients in visualizing how stress and lifestyle is affecting their health. Many conditions go unnoticed until painful symptoms arise which indicates disease is well on its way. By enabling doctors to detect early trends in disease they can work to formulate more customized plans to accelerate the healing process and prevent and reverse diseases.



Lifestyle Screening

- **Cardiovascular Screening**
 - Coronary Heart Disease
 - Lower Ventricle Hypertrophy
 - Cholesterol
- **Diabetes Screening**
 - Metabolic Syndrome
 - Insulin Resistance
 - Beta Cell Function
 - Blood Glucose Control
- **Psychology Markers**
 - Neurotransmitter Response
 - Learning Dysfunction
- **Thyroid Activity Screening**
- **Hepatitis Screening**
- **Prostate Screening**
- **Nutritional Screening**



We offer the full comprehensive Lifestyle Screening at a discounted price of \$150 (\$300 insurance list price.) Nutrition, spine, disease risk and autonomic nervous system assessments may also be done individually for \$40 each. Price does not include doctor's interpretation. If you have any questions, or if you would like to schedule your Lifestyle Screening, please contact us at 913-825-6111.

Nutritional Screening



Our Nutritional Screening is included in every comprehensive Lifestyle Screening, but may also be done separately to assess diet and nutrient needs at any time. This test provides a detailed report of personalized diet recommendations with recommended foods to accelerate the healing process and help prevent future illness. Reports also include a custom list of foods to avoid that can promote inflammation and increase health risks.

Vitamin and mineral deficiency reports are also included to assist in formulation of nutrition and supplement plans. Proper diet and nutrient balance is an essential part of the healing process and disease prevention.

Proper weight management is also an important part of maintaining optimal health. A body composition, metabolic rate analysis and lifestyle assessment is included in all nutrient and lifestyle screens. This addition provides patients with an easy to follow, healthy, custom weight management plan.

